

Compassion in Action 

# Recovery Academy



# A Year From Now You Will be glad you started today

Our Aim

LIFE SKILLS

MONEY  
MANAGEMENT

HOPE

FRIENDSHIP

**HOW?**

HEALTH

WORK SKILLS

PEER SUPPORT

ABSTINENT RECOVERY



# ***About Patrick House...***

Patrick House is a community / recovery hub, which meets the needs of the whole community.

We are situated just outside Leigh town Centre on Leigh Road.

We provide accommodation, office space, a function room and a Community Café.



Our Centre provides an opportunity for residents from across the borough to access help in a comfortable, welcoming environment.

We offer:

- Advice for social problems,
- Provide facilities for activities
- Volunteering opportunities
- Training
- Accommodation

# ***Apartments***

We have ten fully furnished apartments on the first floor of Patrick House. Our apartments are finished to the highest standard. This is part of our ethos of rewarding individuals who engage with our recovery programme and Personal Development Plan.



We encourage residents to take a pride in their surroundings particularly their own personal space and to work together with other residents to make Patrick House a positive place that encourages recovery.



As well as the apartments our residents have access to dedicated spaces for recreational activities, a laundrette and quiet rooms for groups or one to one sessions which require privacy.

## Tenancy

The tenant agrees to engage in Compassion In Actions 12 month recovery programme until such time that by mutual agreement it is decided that the tenant no longer requires such engagement.

After 8 months, a formal review will take place to assess the progress of the tenant and make arrangements for moving forward. Compassion In Action will then assist and support the tenant in finding alternative accommodation.

The accommodation is conditional on the tenant participating in the charities scheme to rehabilitate the individual through their programme. It is not provided as a remuneration for any work that the tenant may undertake as part of their rehabilitation.

Any issues or problems must be reported immediately to the landlord (Stheart Homes) On signing this agreement, the tenant agrees to adhere to all its conditions and is aware that any breach of contract will be addressed formally and could result in the eviction process.



## Budgeting and Money Management

The budgeting and money management element of the project is designed to give the tenant a realistic appreciation of their personal finances. By doing this we seek to avoid the scenario of individual's binge spending on the first couple of days of receiving their benefits and then resorting to borrowing and getting into debt and arrears. We key work tenants with star charts and budgeting plan that helps tenants to budget for utility bills, television licence, laundry bills, council tax and food and any previous debts that are being deducted from their benefits. We formulate personal budget projections based on outgoings and incomings and encourage individuals to save through credit union.





## Health, Awareness and Personal Wellbeing

Whilst we respect personal choice and lifestyle we also stress the need for individuals living in community to take pride in that community. Our weekly health and wellbeing sessions focus on personal identity and how we present ourselves to others. They are part of a bigger sixteen week course and personal development plan. For individuals with former chaotic lifestyles, particularly rough sleepers, step by step guidance is often needed. There are sessions on how to, Control the heating, use the cooker and operate the laundry facility properly to ensure that clothes are washed regularly. This is part of managing personal space and taking an interest in the appearance of the building as a whole.



## My Space Meetings

My space meetings focus on the way individuals manage their tenancies. There is an emphasis on tidiness, cleanliness and health and safety issues around cooking and the storage of foodstuffs. These meetings are linked with the fortnightly Flat inspections. We try to maintain a good standard of cleanliness throughout the building and encourage tenants to take ownership of the communal spaces.



## Tenants Forum: Neighbours

The tenant forum gives tenants the opportunity to discuss any issues relating to the day to day running of Patrick house, and relations between occupants and their neighbours, both in the house and the surrounding area. The Stheart homes team is present at this meeting and offers mediation in the event of a dispute. The meetings also give an insight into day to day behaviour and how the building is working as a community. Issues such as anti – social behaviour and relations with the surrounding locality are discussed and any issues arising from this are dealt with. The tenants forums are an effective way of creating good practice and encouraging tenants to become stakeholders in the project.



## Property Inspections

The property inspections are done in conjunction with the tenants. Each tenant is given notice prior to this and any issues arising are written down and discussed in a tenants meeting. The inspections are instructive and are a good way of measuring a tenants progress and ability to manage their own tenancy independently.



DAT  
HMP  
CIA  
NHS



Patrick house  
Addaction  
Sanctuary  
Risley Prison  
Liverpool Prison  
Forest Bank Prison



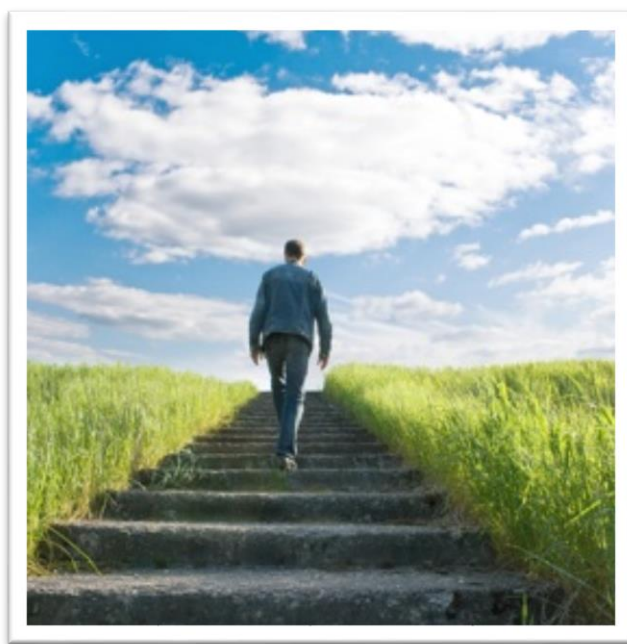
Accommodation  
Therapy  
Keywork  
Monitoring  
Clinical Support  
Training  
12 Step Programme  
Debt management  
Specialist counselling



Recovery





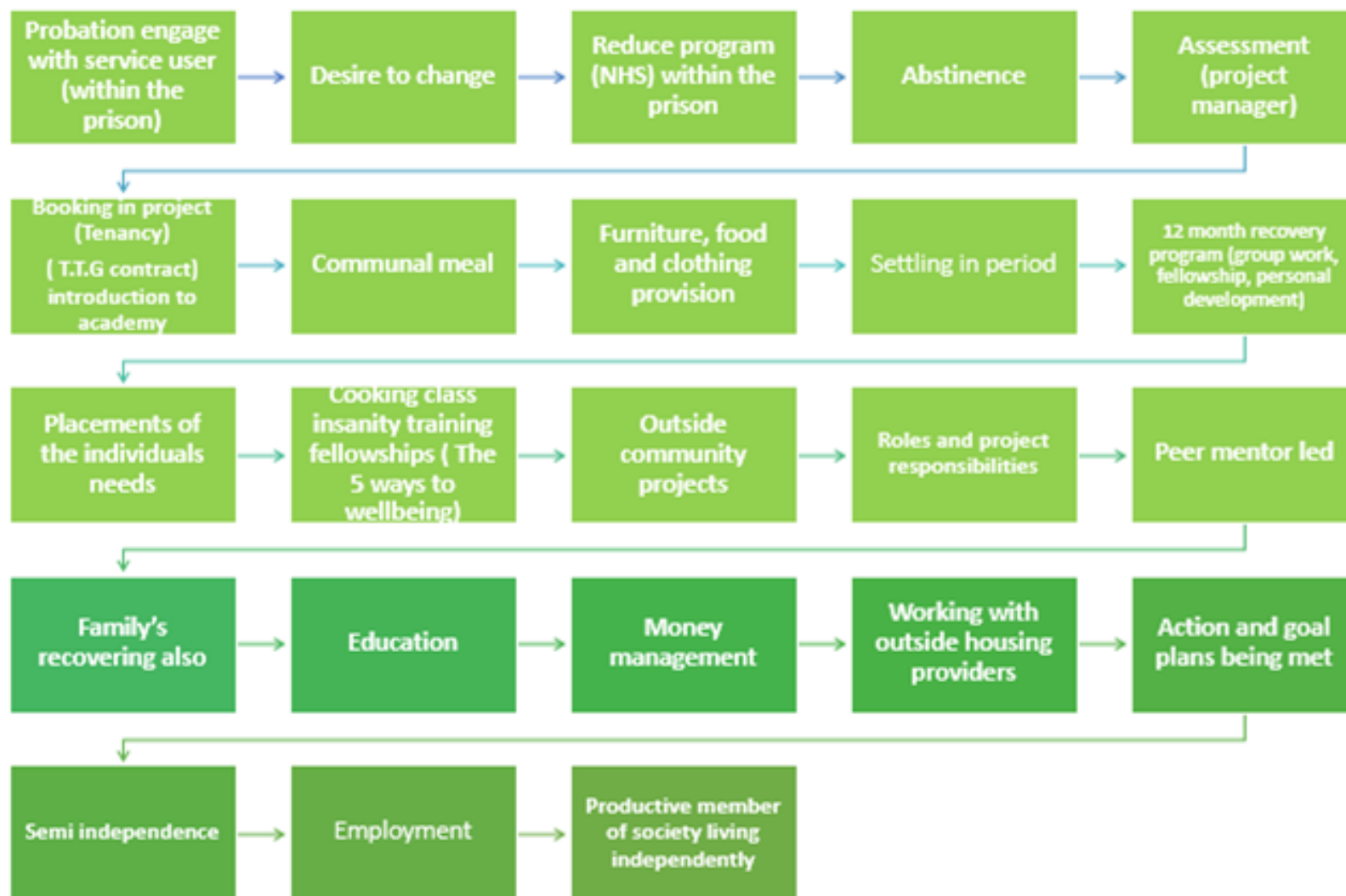


## Testimonial

Coming to Compassion In Action saved my life. It opened my eyes and is progressively giving me the tools I need to change my life for the better. Without Compassion in Action I would still be unable to manage my life in the right way on a daily basis. Compassion in Action have given me more than just a home and support; they've given me love, friendship and a fresh start.

*Matt - May 2015*

# Compassion in Action Pathway to Recovery





Rt.Hon.Andy Burnham MP  
Labour Member of Parliament for Leigh

House of Commons  
London SW1A 0AA  
10 Market Street  
Leigh WN7 1DS  
Tel: 01942 682 353

06 March 2015

To whom it may concern,

Re: Compassion in Action, Patrick House, Leigh

I visited Compassion in Action Recovery Academy (Through the Gate Project) and met the staff and the tenants in the accommodation.

What was evident from this visit was the appreciation from the tenants of being given this opportunity of a life changing pathway, to become valued members of the community.

This project goes beyond statutory requirements and the extra mile in terms of care and compassion for the tenants is evident.

The charity has been referred as the "Jewel in the Crown" for this borough by the work they do for the benefit of the people and this current project is an asset not only to my constituency, but the wider community.

I support the attached application in its entirety and any funding the Charity can achieve will enhance the current service for the benefit of the tenants.

Yours Sincerely

Andy Burnham

19th February 2015

## MP ANDY IMPRESSED BY PARTNERSHIP



### ***Service users Liam Ellison and Adam Johnson (left and right) meet with MP Andy Burnham at Compassion in Action***

LIAM Ellison thinks he'd be dead without the support he's received from a partnership that strives to get addicts to quit drugs.

The 25-year-old is one of eight men who are living and working at a unique venture run by [Compassion in Action](#) (CiA), a Leigh-based charity that is making headlines.

MP Andy Burnham is one of those struck by the impact that the charity – supported by Cheshire & Greater Manchester Community Rehabilitation Company (CGM CRC),

the police and NHS England – is having.

Liam has a long record, isn't currently an offender, but has volunteered to be supervised by probation's [Integrated Offender Management](#) team because he was identified as being at risk of committing crime.

Liam said: "My life is completely different now.

"I used to be living on the streets. I did street robberies and burglaries to get money for food and to feed my drug habit. I was in and out of jail from being 16.

"This is the longest I've been free from drugs since I first took them. The charity has saved me."

CiA launched its residential recovery project, in Leigh Road, Leigh, in November, 2014. The charity runs a host of functions that are all aimed at alleviating poverty in the

borough, including: a furniture turnaround project; delivering food parcels; second hand clothes; and running an eco-farm.

Liam, who is currently doing an NVQ in cookery, said: "It feels weird to get praise. I'm used to people thinking I was scum."

Pam Gilligan is CiA's chief executive and the charity's founder.

Andy Burnham, MP for Leigh, said: "Years ago Pam spoke about her vision and now to see it coming to fruition is amazing, because what Compassion in Action is achieving is ground breaking.

"This initiative, in partnership with probation and the other agencies, really is delivering. And the fact that the charity is based here, in the heart of Leigh, makes me very proud."

Brian Worthington, CGM CRC's prison liaison officer, visits offenders at prisons including HMP Liverpool, HMP Risely and Forest Bank to help them prepare for release and beginning their licence. His role also involves supporting prisoners who need housing, or who have education, training and employment needs and linking them up with providers of those services.

He said: "When I heard about the charity it was music to my ears because accommodation is of fundamental importance to stopping re-offending. Once you have a roof over your head, then other pieces of the jigsaw can slot into place.

"When I meet offenders who have a commitment to abstinence, I refer them to CiA. Prisoners are already talking about the project, so inmates are becoming motivated and trying to reduce drug use in order to be eligible."

Pam added: "There's one key ingredient they must bring: and that's the desire to change.

Mark Gilman  
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London SE1 6LH  
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[Tel:07867538111](tel:07867538111)

6<sup>th</sup> March 2015

To whom it may concern,

Re: Compassion in Action, Head Office, 9 Oaklands Road, Lowton, WA3 2LR

Dear Sir/Madam,

Please accept this note as a personal reference from me to reassure you that in my personal opinion Compassion in Action have demonstrated that they are able to deliver projects aimed at the rehabilitation and resettlement of offenders with addiction and trauma issues.

Their work on asset based community development and utilising the assets of people in recovery in the regeneration of communities is pioneering and worthy of investment.

If you would like to discuss my experience of working with Compassion in Action please do not hesitate to contact me by email or on the mobile number above.

Yours Truly

Mark Gilman  
Strategic Recovery Lead  
Public Health England



## Costings for 1 Individual Over a 3 Month Period

Cost Per Client without CIA Intervention		Cost per client with CIA Intervention
Police	Hospital	E.S.A
Probation	Prison	Housing Benefit
Court	Housing	Doctors
Benefits	Antisocial Behaviour	
Doctors	Secondary Groups e.g Group 4	
Total Cost £62,369		Total Cost: £4,992

Total Savings to the Borough per Client over a 3 month period

**£57,377**

## Costings for 1 Individual Over a 12 Month Period

Cost Per Client without CIA Intervention		Cost per client with CIA Intervention
Police	Hospital	E.S.A
Probation	Prison	Housing Benefit
Court	Housing	Doctors
Benefits	Antisocial Behaviour	
Doctors	Secondary Groups e.g Group 4	
Total Cost £249,476		Total Cost: £19,968

Total Savings to the Borough per Client over a 12 month period

**£229,508**

## Costings for 5 Clients Over a 3 Month Period

Cost Per Client without CIA Intervention		Cost per client with CIA Intervention
Police	Hospital	E.S.A
Probation	Prison	Housing Benefit
Court	Housing	Doctors
Benefits	Antisocial Behaviour	
Doctors	Secondary Groups e.g Group 4	
Total Cost £311,845		Total Cost: £24,960

Total Savings to the Borough for 5 Clients over a 3 month period

**£286,885**

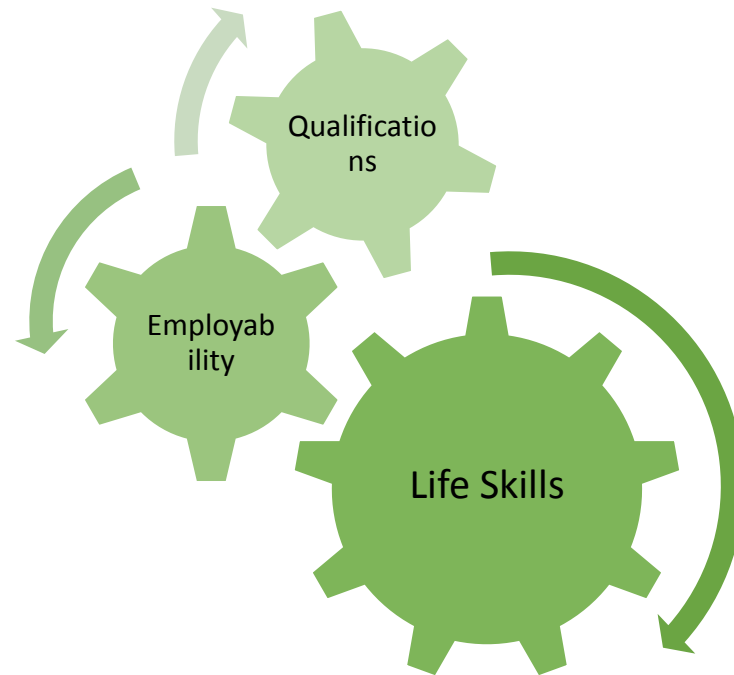
## Costings for 5 Clients Over a 12 Month Period

Cost Per Client without CIA Intervention		Cost per client with CIA Intervention
Police	Hospital	E.S.A
Probation	Prison	Housing Benefit
Court	Housing	Doctors
Benefits	Antisocial Behaviour	
Doctors	Secondary Groups e.g Group 4	
Total Cost £1,247,380		Total Cost: £99,840

Total Savings to the Borough for 5 Clients over a 3 month period

**£1,147,540**

# Client Leaving CIA



Cost to the Borough once Employment is gained

£0

To progress off benefits and be an asset/contribution to society



